

DISCHARGE INSTRUCTIONS FOR LARYNGOSCOPY

FOLLOWING SURGERY

For your safety: do not drive, take public transportation, operate machinery, drink alcohol, or make any legal decisions or business transactions for 24 hours after surgery. It is normal to feel dizzy and sleepy after surgery.

DIET

Start with liquids, if no nausea, resume normal diet.

ACTIVITY

Progression from light to normal activities as tolerated.

SPECIAL INSTRUCTIONS

Utilize modified vocal rest as instructed by Surgeon.

If you develop noisy breathing or breathing difficulty contact your doctor immediately.

No smoking, Please.